



Springvale First Baptist Church

A place to grow in your relationship with Jesus Christ.

Come and see what the Lord has in store for us.

Let us worship the Lord together!

# The Messenger



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**YARD**  
**SALE**

**Thank you to all who helped or donated to our yard sale! What a great success you all made.**



**Our Lobster Bake will not be the same without you! Look at all the fun from years past.**



**Please register by August 15<sup>th</sup>, at this link  
(<https://fbcspringvale.churchtrac.com/connect?ei=IZ7PR5D>),  
the QR code below, or by calling the Office at (207) 324-4918**



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*Kathy's Corner*  
*In Memory of Kathy Fink*  
*Forever in our hearts*



The greatest tragedy isn't that life is short.

The greatest tragedy is that we can spend an entire lifetime without truly noticing what matters most.

We rush from one responsibility to the next, putting off the things that deserve our attention. We wait for the "right time" to love more deeply, to speak kind words, to pray, or to spend time with the people who mean the most to us. But time never pauses. Quietly and faithfully, it keeps moving forward, carrying every passing moment into eternity.

That's why it's so important to live with intention. Don't simply exist. Don't spend your days racing from one task to another. Fill each day with purpose. Love while you still have people to love. Say "thank you" while there are still people who can hear it. Forgive while you still have the opportunity to ask for forgiveness—and to offer it.

Every hour of our lives is a gift from God. None of them is given by accident. Some hours teach us joy, while others teach us patience. Some bring wonderful reunions, while others bring challenges that shape our character. Yet every single one has value and a purpose.

A wise person doesn't simply count the years they've lived. They try to add life to every single day. They learn to recognize what is eternal in the middle of ordinary moments, to see God's presence even in everyday routines, and to remember that no act of kindness is ever too small in the eyes of the Lord.

So don't postpone your life until tomorrow.

Live today.

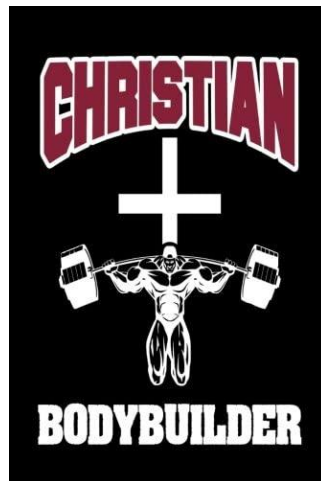
Love today.

Pray today.



Because this very hour—the one you're living right now—will one day become part of eternity.

And you'll never have the chance to live it again.



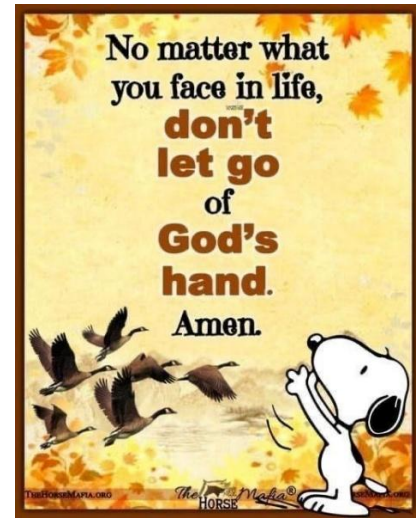
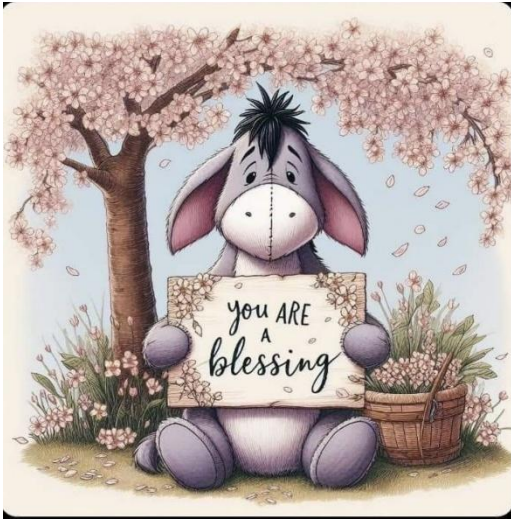
On Saturday, August 1<sup>st</sup>, at Sanford First Baptist,  
there will be a men's gathering at 8 AM for breakfast and fellowship.  
All men are welcome.

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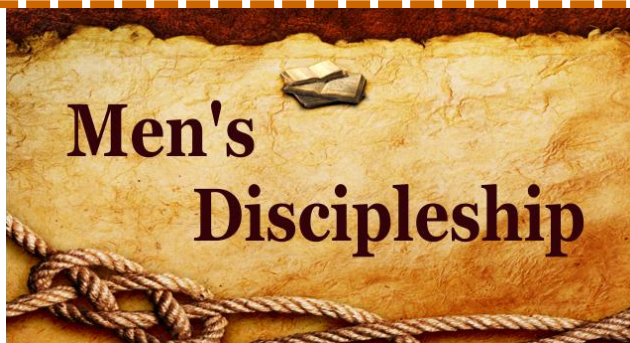


On Friday, August 14,  
the Sanford Arts Commission will be having their last Art Walk for the Summer.  
They will be using our Side Parking Lot for vendors and food trucks.  
The Lot will be unavailable from 2 to 7:30 PM.

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Submitted by Heather Draper



Our Men's and Women's Discipleship groups meet on Sundays at 9 AM. The men meet in the end classroom of the Educational Wing and the women meet in the Holdsworth Room.



On Tuesdays at 9 AM, our Bible Study group meets.  
They are currently studying the Book of Daniel.

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